



Improving Standards of Medical Professionalism

45TH ANNUAL ACADEMIC SESSIONS

The Kandy Society of Medicine

09th to 11th February 2023 @ Hotel Grand Kandyan, Kandy, Sri Lanka

24 th January 2023	02 nd February 2023	03 rd February 2023	06 th February 2023	07 th February 2023
Workshop on Common and Emergency Urological Procedures for Surgical Trainees and Medical Officers 9 am onwards Venue: PMCK Auditorium - NHK	Common Urological Procedures for Nursing care 8.30 am to 12.30 pm Venue: PMCK Auditorium - NHK	Endoscopy Workshop In collaboration with Sri Lanka Society of Gastroenterology 8.30 am onwards Venue: PMCK Auditorium - NHK (live transmission from endoscopy unit - NHK)	Workshop on Dermatology in Office Practice in collaboration with the Sri Lanka College of Dermatologists 8.30 am onwards Venue: PMCK Auditorium - NHK	Workshop on Acute Medicine in collaboration with the Sri Lanka College of Internal Medicine 8.30 am onwards Venue: PMCK Auditorium - NHK

Inauguration Ceremony and KSM Oration

Thursday 9th February 2023, 6:30 pm onwards

Chief Guest - Prof. Sir Sabaratnam Arulkumaran
Professor Emeritus of Obstetrics and Gynaecology, St George's Hospital Medical School, University of London, UK

Guest of Honour - Prof. Srinath Chandrasekera
Professor in Surgery & Consultant Urologist, Faculty of Medicine, University of Sri Jayawardenapura

KSM Oration 2023

"Navigation through blood vessels - my journey in vascular surgery"

Prof. Bandula Samarasinghe

Professor in Surgery & Consultant Surgeon, Faculty of Medicine, University of Peradeniya.

Main Scientific Sessions

Friday 10 th February 2023	
7.30am - 8.30am	Registration
8.30am - 10.00am	Bible Memorial Oration 2023 "Smokeless tobacco and arecanut - killers with less attention" Prof. Ruwan Jayasinghe Professor of Oral Medicine and Periodontology Faculty of Dental Sciences University of Peradeniya
10.00am - 10.30am	TEA
10.30 am onwards	Free Paper Sessions - (Hall C)
10.30am - 11.00am	Plenary Lecture 01 Professionalism of individuals and organisation Prof. Sir Sabaratnam Arulkumaran Professor Emeritus of Obstetrics and Gynaecology, St George's Hospital Medical School, University of London, UK
11.00am - 11.30am	Plenary Lecture 02 Thyroid nodule: a surgeon's perspective Dr. S.M.M. Niyas Consultant Surgeon, National Hospital Kandy
11.30am - 12.45pm	Symposium 01 (Hall - A) Symposium 02 (Hall - B)
Women's health - applying recent knowledge into practice	Athletes' shoulder conditions Are they different from the ordinary? The hidden trouble maker - shoulder impingement Dr. Fariz Ahamed Acting Consultant Sport & Exercise Medicine Physician Colombo South Teaching Hospital Stubborn interrupter - shoulder instability Dr. Rangana Hettige Acting Consultant Sport & Exercise Medicine Physician Lady Ridgeway Hospital for Children
Hormone therapy in midlife - pros and cons Dr. Hemantha Perera Consultant Obstetrician & Gynaecologist	Enigmatic phenomena of shoulder - GIRD and scapular dyskinesia Dr. Asela J B Ratnayake Acting Consultant Sport & Exercise Medicine Physician National Hospital Kandy
Born early - improving the outcome Dr. Chris Lehner Maternal and Fetal Medicine Specialist, Australia	
Endometriosis - new insights Dr. Hasthika Ellepola Consultant Obstetrician & Gynaecologist, Australia	
12.45pm - 1.15pm	Plenary Lecture 03 Evidence into practice : practice into evidence Dr. Nishantha Nanayakkara Consultant Nephrologist, National Hospital Kandy
1.15pm - 2.00pm	LUNCH - Poster Presentations
2.00pm - 2.30pm	Plenary Lecture 04 Inflammatory markers for the clinician Dr. W.K.S. Kularatne Consultant Physician, National Hospital Kandy
2.30pm - 3.45pm	Symposium 03 (Hall - A) Symposium 04 (Hall - B)
Management of non-palpable breast lesions Dr. Rasitha Manathunga Consultant Oncological Surgeon Teaching Hospital - Kurunegala Breast cancer screening in Sri Lanka: where do we stand? Prof. Badra Hewavithana Professor in Radiology, Faculty of Medicine University of Peradeniya	Rush hour in emergency department when seconds count to filter, fill and fix 1.Revus 2.Refill 3.Revisit Prof. Vasanthi Pinto Professor of Anaesthesiology & Critical Care Faculty of Medicine, University of Peradeniya
Oncological options for early breast cancer Dr. Senaka Kandagedara Consultant Oncologist, National Hospital Kandy	Dr. Duminda Herath Consultant Emergency Physician National Hospital Kandy
3.45pm - 4.15pm	Plenary Lecture 05 Treating autoimmune disorders - the past, present and future Prof. Suranjith Seneviratne Professor and Consultant in Clinical Immunology and Allergy, Institute of Immunology and Transplantation and Health Services Laboratories, London, UK
4.15pm	EVENING TEA and the conclusion of the day

Saturday 11 th of February 2023	
7.30am - 8.30 am	Registration
7.30 am	Free Paper Sessions - (Hall C)
8.30am-9.00am	Plenary Lecture 06 Epilepsy surgery and its place in the management of epilepsy Dr. Kishara Gunaratne Consultant Neurologist and Senior Lecturer, Faculty of Medicine, University of Moratuwa
9.00am-10.15am	Symposium 05 (Hall - A) Symposium 06 (Hall - B)
Advances in the recognition and management of developmental disorders in children	Heart Failure: a case-based symposium Dr. Ajith Kularatne Consultant Cardiologist, NHK
An overview of children with learning difficulties Prof. Samanmali Sumanasena Professor in Paediatric Disabilities Faculty of Medicine, University of Kelaniya	Dr. Chaminda Kularatne Consultant Cardiologist, NHK
Role of early language skills in learning Dr. Thilini Lokubalauriya Senior Lecturer in Speech and Language Therapy Faculty of Medicine, University of Kelaniya	Dr. Lakshman Bandara Consultant Cardiologist, Nuwara Eliya
Early red flags in childhood development for first contact doctors Prof. Pathum Dissanayake Professor in Paediatrics, Faculty of Medicine, University of Peradeniya	Dr. G. Mayurathan Consultant Cardiologist, NHK
10.15am-10.45am	Plenary Lecture 07 Air we breathe: is it safe? Dr Chandana Kulathunga Consultant Respiratory Physician - DGH Matara
10.45am - 11.15am	TEA
11.15am - 12.45pm	Symposium 07 (Hall - A) Symposium 08 (Hall - B)
Sexual problems in Medical Practice (In collaboration with Sri Lanka College of Psychiatrists) Sexual issues in day-to-day medical practice Dr. Kalyana Rodrigo Senior staff specialist in Psychiatry Canberra Health Services, Australia	Bone and imaging Case studies in osteoporosis: lessons learnt Dr Chathurika Dandeniya Consultant Rheumatologist, Department of Medicine, Faculty of Medicine, University of Peradeniya
Impact of sexual abuse on sexual health Dr. Priyanti Ratnayake Senior staff specialist in Psychiatry Canberra Health Services, Australia	Fractures in elderly Dr. Sunanda Udagedara Consultant Orthopaedic Surgeon, NHK
Sex education : are we doing it right ? Dr. Ranil Abeyasinghe Consultant Psychiatrist	Surgical management of spinal trauma Dr. Thilak Thoradeniya Consultant Neurosurgeon, Teaching Hospital, Kurunegala
12.45pm - 1.30pm	LUNCH - Poster Presentations
1.30pm - 2.45pm	Symposium 09 (Hall - A) Symposium 10 (Hall - B)
Transplantation in hill country : past, present and future Dr. Buddhika Dassanayake Consultant Surgeon, Department of Surgery, Faculty of Medicine, University of Peradeniya	Diabetes mellitus: concerns in pregnancy Dr Chathurika Jayawardene Consultant Endocrinologist Teaching Hospital, Kegalle
Corneal transplants Dr. Ishantha Jayasekera Consultant in Corneal and External Eye Diseases, NHK	Type 1 Diabetes - are we doing enough? Dr Sonali Gunatillake Consultant Endocrinologist District General Hospital, Nuwara Eliya
Bionic ear (Cochlear implants) Dr. S.B. Ethulgama Consultant ENT Surgeon, NHK	Recent advances in the management of Type 2 Diabetes Dr Uditha Bulugapattiya Consultant Endocrinologist, NHK
Current options in head & neck reconstruction Prof. Manjula Attygalle Professor of OMF Surgery, Department of OMF Surgery, Faculty of Dental Sciences, University of Peradeniya	
2.45pm - 3.45pm	Debate "Should health be free for all Sri Lankan citizens ?"
3.45pm	EVENING TEA and the conclusion of the day
7.00pm onwards	KSM Dinner
Guest Lecture - "Improving standards of medical professionalism: legal aspects" Hon. Buwaneka Aluwihare Supreme Court Judge	
Felicitations of KSM past presidents Award ceremony Musical drama Fellowship and dinner	

On Line Registration Links

Pre Congress workshops
<https://kandyanhost1.nfo/ksm/precongress/>

Annual Academic
<https://kandyanhost1.nfo/ksm/>

10th and 11th February Photography Exhibition

Registration Fee	
Consultants	Rs. 4000.00
Medical Officers	Rs. 2500.00
Dinner Tickets	Rs. 4000.00

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7.00 pm onwards
KSM Dinner
@ Grand Kandyan Hotel Kandy